## **Good Faith Estimate Notice:**

You have the right to receive a "Good Faith Estimate" explaining how much your mental health services will cost. Under the law, mental health service providers need to give patients who don't have insurance or who are not using insurance an estimate of the expected charges for mental health services, including psychotherapy services.

You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency healthcare services, including psychotherapy and assessment services. You can ask your mental health service provider for a Good Faith Estimate before you schedule a service.

If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill. Make sure to save a copy or picture of your Good Faith Estimate and file the dispute within 120 calendar days.

Note: No estimate is required if a service is scheduled less than three business days before the appointment.

For questions or more information about your right to a Good Faith Estimate, visit <a href="https://www.cms.gov/nosurprises">www.cms.gov/nosurprises</a> or call (800) 985-3059.

\*The Good Faith Estimate is available upon request